

Angela Wolfe- Certified Pietra Fitness Instructor, Foundation 2

Angela is a graduate of Montana State University with a B.S. in Secondary Education. After completing a Dietetics curriculum at Iowa State, Angela dedicated herself to raising a family. Currently, she is excited to now help others discover their strength, both inside and out, as a Certified Pietra Fitness Instructor. Stretching and flexibility has long been a passion of Angela's, and she is glad to find a Christian exercise program to grow with you spiritually, as well as physically.