

August 2022 – Semi-Private Pilates

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 8:30a Pilates 4:45p Pilates 5:40p Pilates	2 8:30a Pilates 4:45p Pilates	3 7:45a Pilates 10:30a Pilates 11:30a Pilates 4:45p Pilates	4 6:15a Pilates 4:45p Pilates 5:40p Pilates	5 9:30a Pilates	6 11:30a Pilates
7	8 8:30a Pilates 4:45p Pilates 5:40p Pilates	9 8:30a Pilates 4:45p Pilates	10 7:45a Pilates 10:30a Pilates 11:30a Pilates 4:45p Pilates	11 6:15a Pilates 4:45p Pilates 5:40p Pilates	12 9:30a Pilates	13 9:30a Pilates
14	15 8:30a Pilates 4:45p Pilates 5:40p Pilates	16 8:30a Pilates 4:45p Pilates	17 7:45a Pilates 10:30a Pilates 11:30a Pilates 4:45p Pilates	18 6:15a Pilates 4:45p Pilates 5:40p Pilates	19 9:30a Pilates	20 8:30a Pilates
21	22 8:30a Pilates 4:45p Pilates 5:40p Pilates	23 8:30a Pilates 4:45p Pilates	24 7:45a Pilates 10:30a Pilates 11:30a Pilates 4:45p Pilates	25 6:15a Pilates 4:45p Pilates 5:40p Pilates	26 9:30a Pilates	27 9:30a Pilates
28	29 8:30a Pilates 4:45p Pilates 5:40p Pilates	30 8:30a Pilates 4:45p Pilates	31 7:45a Pilates 10:30a Pilates 11:30a Pilates 4:45p Pilates			

*Subject to change. Please check MindBody schedule online for accurate schedule when you sign in.