

September 2022 – Semi-Private Pilates

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 6:30a Pilates 4:45p Pilates 5:40p Pilates	2 9:30a Pilates	3 8:30a Pilates
4	5 8:30a Pilates 4:45p Pilates 5:35p Pilates	6 8:30a Pilates 4:45p Pilates	7 7:45a Pilates 10:30a Pilates 11:30a Pilates 4:45p Pilates	8 6:15a Pilates 4:45p Pilates 5:35p Pilates	9 9:30a Pilates	10 9:15a Pilates
11	12 8:30a Pilates 4:45p Pilates 5:35p Pilates	13 8:30a Pilates 4:45p Pilates	14 7:45a Pilates 10:30a Pilates 11:30a Pilates 4:45p Pilates	15 6:15a Pilates 4:45p Pilates 5:35p Pilates	16 9:30a Pilates	17 9:30a Pilates
18	19 8:30a Pilates 4:45p Pilates 5:35p Pilates	20 8:30a Pilates 4:45p Pilates	21 7:45a Pilates 10:30a Pilates 11:30a Pilates 4:45p Pilates	22 6:15a Pilates 4:45p Pilates 5:35p Pilates	23 9:30a Pilates	24 9:30a Pilates
25	26 8:30a Pilates 4:45p Pilates 5:35p Pilates	27 8:30a Pilates 4:45p Pilates	28 7:45a Pilates 10:30a Pilates 11:30a Pilates 4:45p Pilates	29 6:15a Pilates 4:45p Pilates 5:35p Pilates	30 9:30a Pilates	

*Subject to change. Please check MindBody schedule online for accurate schedule when you sign in.