

# March 2026 Group Fitness

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b>	<b>2</b> 8:30a Strength 9:30a Strength 11:30a Flexibility 5:30p Fitness 101	<b>3</b> 7:30a Strength 8:30a Strength 9:35a Flexibility 11:30a Strength 5:30p Strength	<b>4</b> 9:30a Core Conditioning 10:30a Fitness 101 5:30p Pietra	<b>5</b> 7:25a Strength 8:30a Strength 10:30a Core 5:30p Fitness 101	<b>6</b> 7:30a Barre 8:30a Flexibility 10:30a Fitness 101	<b>7</b> 9a Pietra Fitness 10:15a Core Conditioning
<b>8</b>	<b>9</b> 8:30a Strength 9:30a Strength 11:30a Flexibility 5:30p Fitness 101	<b>10</b> 7:30a Strength 8:30a Strength 9:35a Flexibility 11:30a Strength 5:30p Strength	<b>11</b> 9:30a Core Conditioning 10:30a Fitness 101	<b>12</b> 7:25a Strength 8:30a Strength 10:30a Core 5:30p Fitness 101	<b>13</b> 7:30a Barre 8:30a Flexibility 10:30a Fitness 101	<b>14</b> 9a Pietra Fitness 10:15a Core Conditioning
<b>15</b>	<b>16</b> 8:30a Strength 9:30a Strength 11:30a Flexibility 5:30p Fitness 101	<b>17</b> 7:30a Strength 8:30a Strength 9:35a Flexibility 11:30a Strength 5:30p Strength	<b>18</b> 9:30a Core Conditioning 10:30a Fitness 101	<b>19</b> 7:25a Strength 8:30a Strength 10:30a Core 5:30p Fitness 101	<b>20</b> 7:30a Barre 8:30a Flexibility 10:30a Fitness 101	<b>21</b> 9a Pietra Fitness 10:15a Core Conditioning
<b>22</b>	<b>23</b> 8:30a Strength 9:30a Strength 11:30a Flexibility 5:30p Fitness 101	<b>24</b> 7:30a Strength 8:30a Strength 9:35a Flexibility 11:30a Strength 5:30p Strength	<b>25</b> 9:30a Core Conditioning 10:30a Fitness 101 5:30p Pietra	<b>26</b> 7:25a Strength 8:30a Strength 10:30a Core 5:30p Fitness 101	<b>27</b> 7:30a Barre 8:30a Flexibility 10:30a Fitness 101	<b>28</b> 9a Pietra Fitness 10:15a Core Conditioning
<b>29</b>	<b>30</b> 8:30a Strength 9:30a Strength 11:30a Flexibility 5:30p Fitness 101	<b>31</b> 7:30a Strength 8:30a Strength 9:35a Flexibility 11:30a Strength 5:30p Strength				

# March 2026 Semi-Privates

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> 6:30a Pilates 9:30a Pilates 10:30a Pilates 4:30p Strength 4:45p Pilates 5:35p Pilates	<b>2</b> 8:30a Pilates 9:30a Pilates 10:30a Pilates 4p Strength 4:45p Pilates 5:35p Pilates	<b>3</b> 5:40a Strength 6:30a Strength 7:30/8:30a Pilates 10:35a Pilates 11:30a Pilates 4:45/5:35p Pilates	<b>4</b> 9:30a Pilates 10:30a Pilates 4:30p Strength 4:45p Pilates 5:35p Pilates	<b>5</b> 5:40a Strength 6:30a Strength 7:30a Pilates 8:30a Pilates 9:30a Pilates 10:30a Pilates	<b>6</b> 8:25a Pilates 9:15a Pilates 10:05a Pilates	<b>7</b>
<b>8</b> 6:30a Pilates 9:30a Pilates 10:30a Pilates 4:30p Strength 4:45p Pilates 5:35p Pilates	<b>9</b> 8:30a Pilates 9:30a Pilates 10:30a Pilates 4p Strength 4:45p Pilates 5:35p Pilates	<b>10</b> 5:40a Strength 6:30a Strength 7:30/8:30a Pilates 10:35a Pilates 11:30a Pilates 4:45/5:35p Pilates	<b>11</b> 9:30a Pilates 10:30a Pilates 4:30p Strength 4:45p Pilates 5:35p Pilates	<b>12</b> 5:40a Strength 6:30a Strength 7:30a Pilates 8:30a Pilates 9:30a Pilates 10:30a Pilates	<b>13</b> 8:25a Pilates 9:15a Pilates 10:05a Pilates	<b>14</b>
<b>15</b> 6:30a Pilates 9:30a Pilates 10:30a Pilates 4:30p Strength 4:45p Pilates 5:35p Pilates	<b>16</b> 8:30a Pilates 9:30a Pilates 10:30a Pilates 4p Strength 4:45p Pilates 5:35p Pilates	<b>17</b> 5:40a Strength 6:30a Strength 7:30/8:30a Pilates 10:35a Pilates 11:30a Pilates 4:45/5:35p Pilates	<b>18</b> 9:30a Pilates 10:30a Pilates 4:30p Strength 4:45p Pilates 5:35p Pilates	<b>19</b> 5:40a Strength 6:30a Strength 7:30a Pilates 8:30a Pilates 9:30a Pilates	<b>20</b> 8:25a Pilates 9:15a Pilates 10:05a Pilates	<b>21</b>
<b>22</b> 6:30a Pilates 9:30a Pilates 10:30a Pilates 4:30p Strength 4:45p Pilates 5:35p Pilates	<b>23</b> 8:30a Pilates 9:30a Pilates 10:30a Pilates 4p Strength 4:45p Pilates 5:35p Pilates	<b>24</b> 5:40a Strength 6:30a Strength 7:30/8:30a Pilates 10:35a Pilates 11:30a Pilates 4:45/5:35p Pilates	<b>25</b> 9:30a Pilates 10:30a Pilates 4:30p Strength 4:45p Pilates 5:35p Pilates	<b>26</b> 5:40a Strength 6:30a Strength 7:30a Pilates 9:30a Pilates	<b>27</b> 8:25a Pilates 9:15a Pilates 10:05a Pilates	<b>28</b>
<b>29</b> 6:30a Pilates 9:30a Pilates 10:30a Pilates 4:30p Strength 4:45p Pilates 5:35p Pilates	<b>30</b> 8:30a Pilates 9:30a Pilates 10:30a Pilates 4p Strength 4:45p Pilates 5:35p Pilates	<b>31</b>				