

Lynn Marie Nelson, RYT-200

Bringing twelve years of yoga teaching experience, Lynn Marie Nelson opens the yoga practice to meet you where you are today. Lynn Marie creates a refreshing class at a pace for all to enjoy. She will invite you to pick options that work best for your body so that your practice is life-giving and sustainable. Lynn Marie is a Yoga Alliance Certified Education Provider and Experienced-Registered Yoga Teacher 200 with Yoga Alliance and [owner of Illuminate Yoga + Natural Solutions](#).