

Noelle Rothfus, STOTT Pilates Mat Trained

A love for dance and musical movement has always been a part of Noelle's life. Noelle has completed Stott Pilates essential and intermediate mat training, and she is excited to share her love of health and fitness through Pilates Barre and Mat classes. When not in dance class or teaching, Noelle enjoys yoga, relaxing with a book and music, or pursuing her love of coffee!