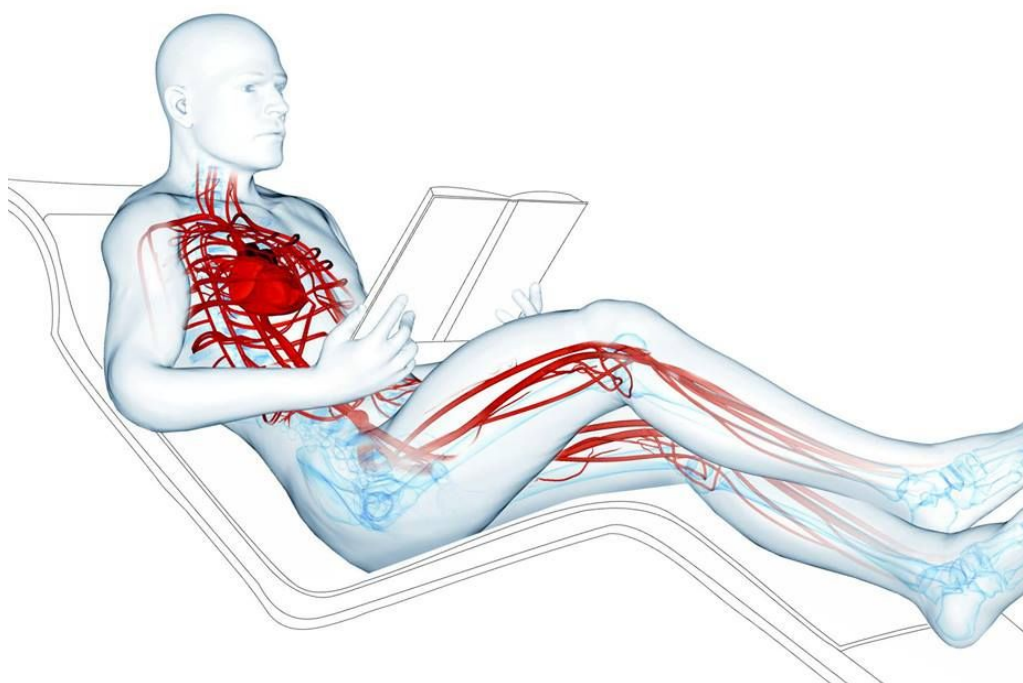


You're Invited to a Special **BEMER** Presentation:

Learn how **BEMER Vascular Therapy** Can Improve Your Overall Health and Well-being



Tuesday
May 28, 2019
6-7:30 PM

FITNESS By Design
4715 Grand Ave
(park on Polk Blvd)

BEMER Enhances:

- ✓ Blood flow and circulation
- ✓ Nutrient and oxygen supply
- ✓ Cardiac function
- ✓ Energy, strength and endurance
- ✓ Concentration and mental acuity
- ✓ Restorative sleep
- ✓ Stress reduction and relaxation
- ✓ Digestive function and elimination
- ✓ Facial rejuvenation
- ✓ Physical fitness

6-7 pm

Come for a complimentary BEMER session!

7-7:30 pm

We'll explain how BEMER works, its benefits, and answer your questions.

BEMER
GROUP

Questions and RSVP: *Barb Mendoza* barb.mendoza@bemermail.com or 515-770-3844