

Memorial Day Weekend Class Schedule

FBD West-EP True Location

Saturday, May 27th Group Mat/Reformer Class 8am & 9am Monday, May 29th Group/Mat Reformer Class 8:00am

FBD-Grand Location

Saturday, May 27th Mat Class 10:15am Sunday, May 28th Yoga 10am, 11:30am, 1:00pm No Classes Monday, May 28th