

# Yoga at FITNESS By Design

April 24<sup>th</sup> - May 28<sup>th</sup>

**Regular Yoga Class Schedule-8 classes/wk**

May 31<sup>st</sup> to Sept 29<sup>th</sup>

**Summer Yoga Class Schedule-4 classes/wk**

## *Summer Class Schedule*

*Monday Yin 8:30am*

*Monday Yin 5:45pm*

*Wednesday Mixed Level 5:45pm*

*Friday Mixed Level 8:30am*

**Reserve your spot in class by signing up via MINDBODY!**

**Click the “*Sign-Up Now*” button on the Class Schedule.**

**Purchase a 5 class, 10 class, or 20 class package via MINDBODY**

